

Health

❖ Print and Online Journals. Some titles may have backfiles only.

<u>Chronicle of Higher Education</u>. Click to Access American Journal of Men's Health BMC Women's Health Current Health Science Journal Health

A-Z Database List. Remote access requires a Southwest username and password.

Associates Programs Source Plus Health and Medicine Collection Education Database Public Health Database

Streaming Media

Health and Wellness on the Road Promoting Healthy Behavior Tonic (Series 1 and 2)

OER (Open Education. Resources).

The link below is customized for Health

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library e-books from top academic publishers.

Books. The list may include print and digital titles. Browse the shelves to search for items @ GV and RA

Creative Fitness: Applying Health Psychology... Biller, Henry Biller integrates research about exercise, nutrition, and health within an applied developmental psychological framework. Readers are presented with ways of making fitness an enjoyable and positive force in their daily lives.

Health Informatics: a Systems Perspective. Brown, Gordon The book offers a conceptual framework for aligning clinical decision processes with system infrastructures, including information technology, organizational design, financing, and evaluation.

Food Health: Nutrition, Technology and Public Health. Chrzan, Janet Nutritional Anthropology and public health research and programming have employed similar methodologies for decades; many anthropologists are public health practitioners while many public health practitioners have been trained as medical or biological anthropologists.

Be Fit For Life. Gambert, Stephen

A self-help book for anyone interested in living a happier and healthier life. Aging is a life-long process and the sooner one accepts this and better prepares for the years ahead, the more successful his/her aging process will be.

Fitness for Dummies. Schlosberg, Suzanne

Provides the latest information and advice for properly shaping, conditioning, and strengthening your body to enhance overall fitness and health.



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